

VISAKHA GOVT. DEGREE COLLEGE for WOMEN



EVENTORGANIZEDREPORT (2016-2017)

	International Yoga Day (21.06.2016)
Title of the Activity	incentational Toga Day (21.00.2010)
Date of Activity Organized	21.06.2016
Name of Department	NSS and Physical Education
	Dr.V.Sudhakar Rao, Principal
Chairperson	
Co-ordinator	Dr. P. V. Ramana Reddy, Sri S.V.S.
	Prasad
No. of Participants	220
Objective of the Activity	To raise awareness among the students and staff on the need to practice Yoga in daily life.
Programme report	The yoga provides mental & Physical strength to people it enables us to lead a healthy life. The students to practice yoga for creating overall harmony of body & mind. Programme has Been organised by NSS and Physical Education Department in which 220 students participated.
Outcome of the Activity	Celebrated Yoga day in the College Campus students and staff actively participated and practiced Yoga asanas.

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Signature of Coordinator

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Visaking Govt. Degree College (W) VISAKHAPATNAM - 20





EVENTORGANIZEDREPORT



(2016-2017) Date: 21-06-2016 No. Of Participants: 220 National Service Scheme in collaboration with Dept. of physical education



Students participated in the yoga day to create awareness on the harmony of body & mind while doing yoga.



Staff and students celebrated Yoga day in the college campus by practicing few asanas.

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International Yoge DAY Dt: 21.06-2016 independente DAM 421 samignatures of volunteers. SUNESF AL DELET 1. A. Sravani 1st MP 2. S. Kanaka lakthmi 1st MPCS 3. K. Bhasathi 1st mpcs 4. J. Honsinani 1st MPCS 1st MPCS 5. N. Tulasi let mpcs 6. R. Narayananna tst mpcs 7. St. Hatting Begun 8. E. Kanakamahalakehmi 1St MPCS 9. V. Neelima 1 St MPLS

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